

# Welcome to Church!

We are glad you chose to join us today to worship our Lord and Savior, Jesus Christ. We hope that your stay has been both meaningful and memorable.

Here are some activities going on with us!

## Lenten Retreats

Mark your calendars for our upcoming **Lenten Retreat!** This year, we are offering the same retreat on two different schedules (**April 14-16** and **April 17-19**) so you can choose the one that fits your schedule. Register early as there are limited slots!

## Free Blood Pressure & Sugar Check-up

Encouraging those who wish to monitor their **Blood Pressure & Blood Sugar** levels to avail of our free check-up, happening **every after Sunday service!**

## How can we pray for you?

It is a privilege to pray for you! You may send your **prayer requests** and **praise reports** by text (0912 130 6148), by writing them on the prayer cards provided, or by sending us a private message on our Facebook page.

## Discover life with our Small Groups.

Looking for deeper connections and a closer walk with God? Our **small groups** are where we cultivate meaningful relationships and grow in faith together. Want to join? Visit our Information Booth after the service to find the perfect group for you!

## Stay for fellowship and refreshments.

Stick around after the service for **coffee** and **connection!** It's the perfect chance to meet some friendly faces, learn more about our small groups, our ministries, and discover all that our church has to offer. We'd love to see you there!

## Schedules for Services:

### English Service:

Morning 10:00 AM

Afternoon 01:00 PM

### Cebuano Service:

Afternoon 04:00 PM

2nd Floor,  
Northgate Center.  
across Gaisano Country Mall  
Banilad, Cebu City.

## ways to give TITHES and LOVE GIFTS

**BPI Checking**  
Acct no: 0421-0041-16

**Paypal**  
@livingwordnra

**GCash Account**  
0912-130-6148

**EMAIL ADDRESS**  
livingwordnra@gmail.com

**FACEBOOK PAGE**  
facebook.com/lwnra

**WEBSITE**  
www.livingwordnra.com

**OFFICE TELEPHONE**  
(032) 517 5991

**TEXT ONLY NUMBER**  
(63) 912 130 6148

**GET IN TOUCH  
WITH US!**

Living Word NRA  
Worship God. Advance His Kingdom.

## JESUS, LORD OF THE SABBATH

The King Has Come: The Start of Something New (Series)  
Bro Jeremy Leones | April 6, 2025 | Mark 2:23-28; 3:1-6

### SERMON NOTES

*Real rest only comes from Jesus, the Lord of the Sabbath.*

#### I. JESUS' ANNOUNCEMENT (Mark 2:23-28)

*"Sabbath" = Hebrew word "Shabbat" means "to cease" or "to rest."*

*Be careful not to transfer authority of a Biblical command to its practice.*

*The Sabbath is a gift from God, meant to bless, not to burden.*

*Since God instituted the Sabbath and Jesus is claiming authority over it, He is asserting that He is God Himself because only God could be Lord of the Sabbath.*

#### II. JESUS' DEMONSTRATION (Mark 3:1-6)

*Jesus demonstrated His authority as the Lord of the Sabbath by healing the man with the withered hand.*

#### Jesus, the Lord of the Sabbath is our rest.

- Rest in His salvation
- Rest in His presence
  - In His Word
  - In prayer
- Rest in His Care

### ENDING THOUGHT

*Before God can make a beautiful symphony of our lives, we must find our complete rest in His Son first.*

*"Come to me. I will give you rest. I am Jesus, the Lord of the Sabbath. I am your rest."*

**SMALL GROUP DISCUSSION GUIDE**  
For the week of April 7–13, 2025  
“JESUS, LORD OF THE SABBATH”

## Getting Started

To the facilitator: Use this section to introduce the topic. If possible, give a brief recap of the sermon.

Share a memorable point, a spiritual lesson, a personal application, a question, or something that challenged you from the sermon last Sunday.

If you could design a “perfect” day off, what would it look like?

## Group Discussion

Read Mark 2:23-3:6

1. What was the accusation of the Pharisees against Jesus' disciples in Mark 2:23–24? How did Jesus respond to the Pharisees in Mark 2:25–26? What was the context of David's actions in that story (1 Samuel 21:1–6)? What point might Jesus be making by referencing this event?

2. Jesus says, “The Sabbath was made for man, not man for the Sabbath” (Mark 2:27). How can this principle shape your approach to rest and worship?

3. Jesus asks, “Is it lawful to save life or kill on the Sabbath?” (Mark 3:4). How does this question expose the hypocrisy of the Pharisees? What are some ways people today can become overly focused on “rules” and miss the heart of God?

4. Jesus was both angry and grieved by the hardness of the Pharisees' hearts (Mark 3:5). Can you think of a time when you struggled with a hardened heart and how God dealt with you? What do you think are the marks of a hardened heart?

5. The Pharisees, who were supposed to be religious leaders, ended up plotting evil (Mark 3:6). How can we guard ourselves from becoming so focused on being “right” that we miss what God is doing?

6. The Pharisees immediately conspire with the Herodians (v. 6), an unlikely alliance. What does this teach us about how fear or anger can unite opposing groups? How should Christians respond when their convictions lead to opposition?

7. How can we cultivate a heart that balances respect for God's commands with compassion for the needs of others? Share some practical steps can we take this week to live out this balance.

## Next Steps

“A heart that is soft toward God is never hard toward people.” — A.W. Tozer

- I will guard against hardness in my heart.
- I will cultivate a heart of compassion.
- I will find my rest in Christ alone.
- I will embrace Jesus as Lord of the Sabbath.
- I will choose compassion over judgment.

## Closing the Session

Close the session by taking the time to pray for one another. Consider the following as you pray:

- Pray to be a Christian who loves as Jesus loves, extends grace when needed, and puts faith into action.
- Pray for relationships to grow with other Christ-followers, that you will encourage and care for one another.
- Pray for your unsaved family, friends, and loved ones.
- Pray for protection, provision, healing and comfort for everyone who's going through physical, emotional, mental and spiritual pain.

## BIBLE READING GUIDE

April 7	<b>Mark 2:23-3:6</b>
April 8	<b>Genesis 2:1-3</b>
April 9	<b>Psalms 96:6-11</b>
April 10	<b>Colossians 2:16-17</b>
April 11	<b>James 2:12-13</b>
April 12	<b>Psalms 52:1-9</b>
April 13	<b>John 12:42-43</b>